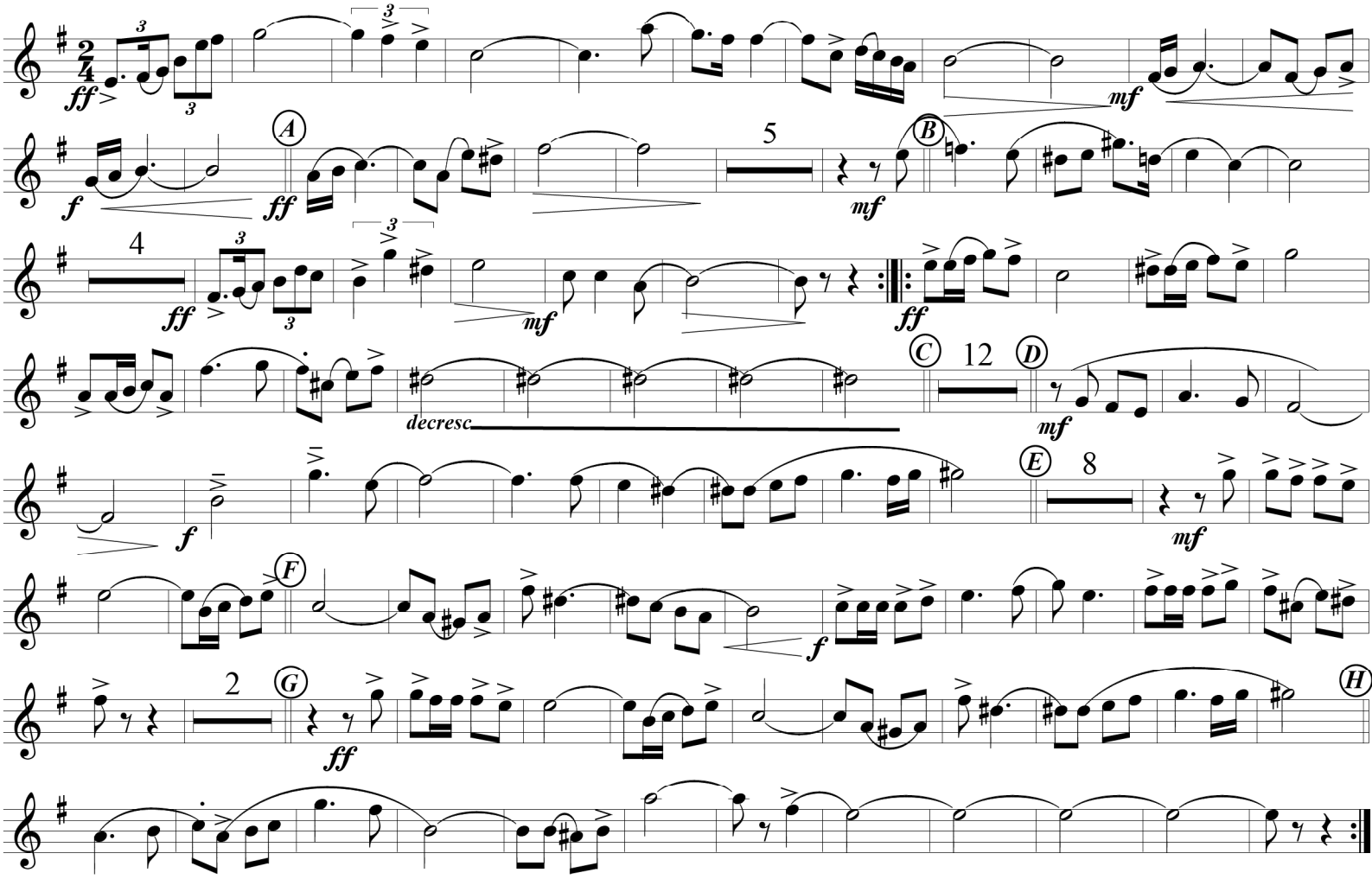BELLS INSTANTS DE JULIOL